LHS Football Summer Calendar – 2019

The weight room will continue to be open Mondays, Wednesdays & Fridays from 2:45-4:15 & 6-7M until spring practices begin. Summer lifting schedule TBD.

**May/June**

Team Meeting Thursday, May 23 @ 2:30 PM

Mon, June 3 spring practice #1, 2:45-5:45

Tue, June 4 spring practice #2, 2:45-5:45 BLITZ 6:00-9:00 PM

Wed, June 5 spring practice #3, 2:45-5:45

**Thur, June 6 practice #4, 2:45-5:45 (LYFAA coaches clinic)**

Fri, June 7 practice #5 2:45-5:00 (Graduation)

Sat, June 8 practice #6, 10:00 AM to NOON

Sun, June 9 Passing Tourney at U.W. (varsity only)

Mon, June 10 practice #7, 2:45-5:45 (full pads)

Tue, June 11 Practice #8, 2:45-5:45 (full pads)

Wed, June 12 Practice #9, 2:45-5:45 (full pads)

Thur, June 13 Practice #10, 2:45-5:45 (full pads)

Fri, June 14 Practice #11, TBD (Last day of school)

Sat, June 15 leave for Team Camp at CWU

Sun, June 16 Day 2 of Team Camp at CWU

Mon, Jun 17 Day 3 of Team Camp at CWU

Tue, June 18 return from Team Camp at CWU

Additional Scrimmage dates possible – TBD

**July/August**

Mon, July 22 Day 1 of youth camp 5:30-7:00 PM

Tues, July 23 Day 2 of youth camp 5:30-7:00 PM **(LYFAA coaches clinic)**

Wed, July 24 Day 3 of youth camp 5:30-7:00 PM

Thur, July 25 Day 4 of youth camp 5:30-7:00 PM

Thur, July 25 Alumni 7-on-7 7:30 PM

**Sat, July 27 LHS Passing Tournament (need volunteers)**

**Wed, Aug 21 Practice #1 5:00-8:00 PM Gold card kickoff (8:00)**

Thur, Aug 22 Practice #2 2:45-5:00 and #3 6:00-8:15 (2-a-day)

Fri, Aug 23 Practice #4 3:00-6:00 PM

Sat, Aug 24 Practices #5 9:00-11:00 AM & #6 Noon-2:00 (2-a-day)

Mon, Aug 26 Practices #7 2:45-5:00 & #8 6:00-8:15 (2-a-day)

Tue, Aug 27 Practice #9 2:15-5:00 & Card BLITZ 5:00-9:00

Wed, Aug 28 Practices #10 2:45-5:00 & #11 6:00-8:15 (2-a-day)

Thur, Aug 29 Practice #12 2:45-5:45

Fri, Aug 30 Jamboree TBD

Sat, Aug 31 Practices #13 9:00-11:00 AM & #14 Noon-2:00 (2-a-day)

Mon, Sep. 2 Game week, practice schedule 3:45-6:45 PM

Tue, Sep. 3 Game week practice schedule 2:45-5:45 PM

Wed, Sep. 4 Game week practice schedule 2:45-5:45 PM

Thur, Sep. 5 practice 2:45-5:45. Team Dinner 6:00-6:45 PM

Fri. Sep. 6 – Game #1 vs King’s

**Regular Season Schedule**

Typical weekly schedule:

Mondays: Varsity Lift 2:45-3:30, Varsity Film 3:30-4:30, practice 4:30-5:15 & JV game

Tuesdays: practice 2:45-5:45

Wednesdays: practice 3:00-5:45 PM

Thursdays: Varsity Lift 2:45-3:30, Team Building 3:30-4:30

Practice 4:30-5:45, Team Dinner 6:00-6:45

Fridays: Varsity Games. (JV should attend)

Weekends off unless needed during playoffs

**Varsity Game Schedule** (most games 7:00 PM)

Fri, Aug. 30 Jamboree TBD

Fri, Sep. 6 KING’S

Fri, Sep. 13 BELLINGHAM

Fri, Sep. 120 @ Evergreen (Vancouver, WA)

Fri, Sep. 27 SEDRO-WOOLLEY (Homecoming)

Fri, Oct. 4 @ Lynden

Fri, Oct. 11 ARCHBISHOP MURPHY

Fri, Oct. 18 Blaine – Location TBD

Fri, Oct. 25 @ Burlington-Edison

Fri., Nov. 1 BYE or Play-in game

District Playoffs Nov. 8; State Playoffs Nov. 15-Dec 7

State Ch